



Licensed Therapists results in Los Angeles, CA 90059

Find out more about the doctors and services listed in the Cigna directory and [important state and federal notices and disclosures](#).

The search results may not contain all the contracted providers in your area. For a full results listing, please [view the results on the Cigna Directory](#).

Directory Last Updated: 05/11/2023

This directory information is updated six days per week, excluding holidays, Sundays, or interruptions due to system maintenance, upgrades or unplanned outages. This information is subject to change at any time. Providers may delay informing Cigna that they no longer accept new patients so we cannot guarantee that each provider is still accepting new patients. When calling to make your appointment, please confirm that the provider is a Cigna participating provider. Call Cigna Customer Service 24/7 /365 at the toll-free number on the back of your Cigna ID card for additional directory assistance including help locating a network provider for services and appointment assistance, confirming provider participation, and assistance generating a provider listing or obtaining a printed copy of the current provider directory.

Source of Information and Frequency of Validation

Medical health care provider information addressing board certification, state licensure and hospital affiliations is obtained from an application that is completed and signed by the health care provider or facility during credentialing, as applicable. Physician board certification is verified through the American Board of Medical Specialties (ABMS) or American Osteopathic Association (AOA). This information is updated when the medical health care provider or facility notifies Cigna of changes, or at least every three years.

Some health care providers share with Cigna or a third-party vendor the various languages spoken in their offices, and Cigna publishes that information in this directory. The languages listed are not guaranteed by Cigna and are not meant to meet any state or federal laws. Please call the health care provider to confirm the current languages spoken in their office.

Provider Network Selection Criteria

Cigna contracts with physicians, physician groups, dental healthcare providers professionals, associations and delivery systems, hospitals, ancillary practitioners, and facilities so that our customers can obtain the care they need at a more affordable cost. To build our networks, including marketplace networks, we look at how many primary and specialty care doctors are in a specific area. We also look at hospitals and other health care providers. This way we can make sure there are enough health care providers available to meet your health care needs so that you don't have to go a long way or spend a lot of time getting there. All doctors and hospitals must meet certain credentialing requirements and agree to rates with us before joining our network. We don't use measures related to quality, member experience, patient safety or cost to select providers.

Licensed Therapists results in Los Angeles, CA 90059



[View more results on the Cigna Directory](#)

Agnesa Papazyan, PSYD, LP

3.5 miles

6818 Avalon Boulevard Los Angeles, CA 90003 | (323) 541-1600

Specialty: Psychology

Clinical Specialty: Appointments-Weekend, EAP: Assessment/Referral, Faith-Based Counseling, Family Counseling, General Anxiety, General Depression, Virtual Counseling

Gender: Female

Group Practice: St John's Community Health

Clinical Affiliations: St John's Community Health

License Number: 27872 | **National Provider ID (NPI):** 1730374893

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Shalonda K Crawford, PSYD, LP

5.1 miles

326 East 47th Place Los Angeles, CA 90011 | (323) 902-7577 | info@lifebrightnow.com |

<http://lifebrightnow.com>

Specialty: Psychology

Clinical Specialty: Appointments-Evening, EAP: Assessment/Referral, Faith-Based Counseling, Family Counseling, General Anxiety, General Depression, Grief and Loss Counseling, Post-Traumatic Stress Disorder (PTSD), Sexual Abuse Counseling, Virtual Counseling

Gender: Female

License Number: N/A | **National Provider ID (NPI):** 1316315344

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Trisha L Contarino, PSYD, LP

5.7 miles

1225 W 190th St Gardena, CA 90248 | (310) 515-8113 | fax@brainhealthusa.com |

<http://www.brainhealthusa.com>

Specialty: Psychology

Clinical Specialty: Alcohol and Substance Use Counseling, Anger Management, Appointments-Weekend, Bipolar Disorder, General Anxiety, General Depression, Virtual Counseling

Gender: Female

License Number: 31082 | **National Provider ID (NPI):** 1689935959

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED

Carol Watson, PSYD, LP

7.9 miles

5901 West Century Boulevard Los Angeles, CA 90045 | (424) 421-4514

Specialty: Psychology

Clinical Specialty: Alcohol and Substance Use Counseling, Anger Management, Bipolar Disorder, Dissociative Disorder (Multiple Personalities), Gender Identity (Transgender/Non-binary/gender-fluid), General Anxiety, General Depression, Marriage/Couples Counseling, Obsessive Compulsive Disorder (OCD), Panic Disorder, Psychotic Disorders, Sexual Orientation (Bisexual/Gay/Lesbian), Virtual Counseling

Gender: Female

License Number: N/A | **National Provider ID (NPI):** 1669514238

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED

Licensed Therapists results in Los Angeles, CA 90059



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Tracy D Shaw, PHD, LP

8.0 miles

2321 Rosecrans Avenue El Segundo, CA 90245 | (323) 405-4594

Specialty: Psychology

Clinical Specialty: Appointments-Evening, Cultural and Race Related Counseling, EAP: Assessment /Referral, Faith-Based Counseling, General Anxiety, General Depression, Grief and Loss Counseling, Virtual Counseling

Gender: Female

License Number: N/A | **National Provider ID (NPI):** 1982727392

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Nats Babel, PSYD, LP

5.7 miles

1225 W 190th St Gardena, CA 90248 | (310) 515-8113 | fax@brainhealthusa.com | <http://www.brainhealthusa.com>

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Anger Management, Bipolar Disorder, Cultural and Race Related Counseling, Dissociative Disorder (Multiple Personalities), EAP: Assessment/Referral, Family Counseling, General Anxiety, General Depression, Obsessive Compulsive Disorder (OCD), Panic Disorder, Phobias, Post-Traumatic Stress Disorder (PTSD), Psychological Testing, Psychotic Disorders, Virtual Counseling

Gender: Male

License Number: N/A | **National Provider ID (NPI):** 1316371479

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Paula Cedillo, PSYD, LP

5.7 miles

1225 W 190th St Gardena, CA 90248 | (310) 515-8113 | fax@brainhealthusa.com | <http://www.brainhealthusa.com>

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Anger Management, Bipolar Disorder, Dissociative Disorder (Multiple Personalities), EAP: Assessment/Referral, General Anxiety, General Depression, Marriage /Couples Counseling, Panic Disorder, Phobias, Psychological Testing, Virtual Counseling

Gender: Female

License Number: 31658 | **National Provider ID (NPI):** 1275168536

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Gerald O'Day, PSYD, LP

6.0 miles

1801 Century Park E 24th & 25th Fl Los Angeles, CA 90058 | (424) 421-4514

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Anger Management, Dialectical Behavior Therapy, General Anxiety, General Depression, Obsessive Compulsive Disorder (OCD), Pain Management, Panic Disorder, Psychological Testing, Psychotic Disorders

Gender: Male

License Number: N/A | **National Provider ID (NPI):** 1487737235

ACCEPTING NEW PATIENTS

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Cindy Tafoya, PSYD, LP

6.2 miles

5800 S Eastern Ave Los Angeles, CA 90040 | (323) 308-9397 | cintafoya@yahoo.com

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Anger Management, Bipolar Disorder, Dissociative Disorder (Multiple Personalities), General Anxiety, Sexual Orientation (Bisexual/Gay/Lesbian), Virtual Counseling

Gender: Female

License Number: 27970 | **National Provider ID (NPI):** 1699059386

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED

Aglaed Salazar, PSYD, LP

6.5 miles

8109 2nd Street Downey, CA 90241 | (562) 445-9900 | support@personapsych.org

Specialty: Psychology

Clinical Specialty: Appointments-Evening, Appointments-Weekend, EAP: Assessment/Referral, General Anxiety, General Depression, Pain Management, Post-Traumatic Stress Disorder (PTSD), Psychological Testing, Virtual Counseling

Gender: Female | **Languages Spoken:** Spanish, English

Languages Spoken by Qualified Medical Interpreter: Spanish

License Number: 32765 | **National Provider ID (NPI):** 1609165265

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Thomas Rankin, PHD, LP

7.1 miles

777 S Alameda St Los Angeles, CA 90021 | (888) 684-2779 | scheduling@happierliving.com

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Anger Management, EAP: Assessment/Referral, Gambling, Gender Identity (Transgender/Non-binary/gender-fluid), General Anxiety, General Depression, Grief and Loss Counseling, Obsessive Compulsive Disorder (OCD), Post-Traumatic Stress Disorder (PTSD), Sexual Orientation (Bisexual/Gay/Lesbian), Virtual Counseling

Gender: Male

Group Practice: Happier Living

Clinical Affiliations: Happier Living

License Number: N/A | **National Provider ID (NPI):** 1467893560

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Joseph Kestenbaum, PHD, LP

7.2 miles

21081 S Western Ave Torrance, CA 90501 | (310) 664-1555

Specialty: Psychology

Clinical Specialty: Appointments-Evening, Bipolar Disorder, Borderline Personality Disorder (BPD), Conduct/Disruptive Behavior Therapy, Domestic Violence Counseling, EAP: Assessment/Referral, Family Counseling, General Anxiety, General Depression, Marriage/Couples Counseling, Post-Traumatic Stress Disorder (PTSD), Psychological Testing

Gender: Male

License Number: 14022 | **National Provider ID (NPI):** 1659362135

ACCEPTING NEW PATIENTS • EAP PROVIDER

Licensed Therapists results in Los Angeles, CA 90059



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Trevor L Monroe, PHD, LCP

7.3 miles

4401 Atlantic Ave Long Beach, CA 90807 | (562) 728-4565 | monroepsy@gmail.com

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Anger Management, Appointments-Evening, Domestic Violence Counseling, Family Counseling, General Anxiety, General Depression, Grief and Loss Counseling, Marriage/Couples Counseling, Obsessive Compulsive Disorder (OCD), Post-Traumatic Stress Disorder (PTSD), Sexual Abuse Counseling, Sexual Orientation (Bisexual/Gay/Lesbian)

Gender: Male

License Number: N/A | **National Provider ID (NPI):** 1326140898

ACCEPTING NEW PATIENTS

Theodore Otvos, PHD, LP

7.4 miles

2850 Artesia Blvd Redondo Beach, CA 90278 | (310) 540-8500 | otvoswellness@gmail.com

Specialty: Psychology

Clinical Specialty: Anger Management, Appointments-Evening, Bipolar Disorder, EAP: Assessment/Referral, Family Counseling, General Anxiety, General Depression, Grief and Loss Counseling, Marriage/Couples Counseling, Obsessive Compulsive Disorder (OCD), Phobias, Post-Traumatic Stress Disorder (PTSD)

Gender: Male

License Number: 17939 | **National Provider ID (NPI):** 1609963933

ACCEPTING NEW PATIENTS • EAP PROVIDER

Chagoury-Leake Riana, PSYD, LP

7.5 miles

1513 South Grand Avenue Los Angeles, CA 90015 | (323) 438-0483 | scheduling@upmedical.com

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Appointments-Weekend, Bipolar Disorder, Cultural and Race Related Counseling, Family Counseling, Fertility Counseling, General Anxiety, General Depression, Grief and Loss Counseling, Marriage/Couples Counseling, Medical Illness Counseling, Obsessive Compulsive Disorder (OCD), Panic Disorder, Phobias, Post-Traumatic Stress Disorder (PTSD), Psychological Testing, Sexual Abuse Counseling, Sexual Orientation (Bisexual/Gay/Lesbian)

Gender: Female

Group Practice: Up Medical

Clinical Affiliations: Up Medical

License Number: N/A | **National Provider ID (NPI):** 1851644538

ACCEPTING NEW PATIENTS

Teri Davis, PHD, LP

7.6 miles

3756 Santa Rosalia Drive Los Angeles, CA 90008 | (323) 528-4927 | teridavisphd@gmail.com

Specialty: Psychology

Clinical Specialty: Bipolar Disorder, Domestic Violence Counseling, EAP: Assessment/Referral, Family Counseling, Gender Identity (Transgender/Non-binary/gender-fluid), General Anxiety, General Depression, Grief and Loss Counseling, Obsessive Compulsive Disorder (OCD), Post-Traumatic Stress Disorder (PTSD), Psychological Testing, Sexual Health Counseling, Sexual Orientation (Bisexual/Gay/Lesbian), Virtual Counseling

Gender: Female

License Number: 29799 | **National Provider ID (NPI):** 1831469444

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

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Maria Carina Abenes, EDD, LP

7.7 miles

1150 S Olive St Los Angeles, CA 90015 | (888) 684-2779 | scheduling@happierliving.com

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Appointments-Evening, Bipolar Disorder, General Anxiety, General Depression, Grief and Loss Counseling, Obsessive Compulsive Disorder (OCD), Panic Disorder, Post-Traumatic Stress Disorder (PTSD), Psychotic Disorders, Virtual Counseling

Gender: Female

Group Practice: Happier Living

Clinical Affiliations: Happier Living

License Number: N/A | **National Provider ID (NPI):** 1073076899

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED

Joyce S Janet, PHD, CP

7.7 miles

1150 S Olive St Los Angeles, CA 90015 | (888) 684-2779 | scheduling@happierliving.com

Specialty: Psychology

Clinical Specialty: General Anxiety, General Depression, Virtual Counseling

Gender: Female

Group Practice: Happier Living

Clinical Affiliations: Happier Living

License Number: N/A | **National Provider ID (NPI):** 1902347842

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED

Loren Hill, PHD, LP

7.8 miles

3870 Crenshaw Blvd Los Angeles, CA 90008 | (323) 379-3394 | consultingcollective@gmail.com

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Appointments-Evening, Appointments-Weekend, Autism Social Skills Training, EAP: Assessment/Referral, Family Counseling, General Anxiety, General Depression, Post-Traumatic Stress Disorder (PTSD), Virtual Counseling

Gender: Female

License Number: 29719 | **National Provider ID (NPI):** 1912407594

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Gerald O'Day, PSYD, LP

7.9 miles

5901 West Century Boulevard Los Angeles, CA 90045 | (424) 421-4514

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Anger Management, Dialectical Behavior Therapy, General Anxiety, General Depression, Obsessive Compulsive Disorder (OCD), Pain Management, Panic Disorder, Psychological Testing, Psychotic Disorders

Gender: Male

License Number: N/A | **National Provider ID (NPI):** 1487737235

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Farshid Yadegar, PHD, LP

7.9 miles

5901 West Century Boulevard Los Angeles, CA 90045 | (424) 421-4514

Specialty: Psychology

Clinical Specialty: ADD/ADHD, Appointments-Evening, Bipolar Disorder, EAP: Assessment/Referral, General Anxiety, General Depression, Grief and Loss Counseling, Obsessive Compulsive Disorder (OCD), Panic Disorder, Post-Traumatic Stress Disorder (PTSD), Psychotic Disorders, Virtual Counseling

Gender: Male

License Number: N/A | **National Provider ID (NPI):** 1447774534

ACCEPTING NEW PATIENTS • VIRTUAL CARE OFFERED • EAP PROVIDER

Henry R Drummond, PHD, LCSW, LP

7.9 miles

3711 Long Beach Blvd Long Beach, CA 90807 | (562) 413-1895 | henrydrummond@charter.net

Specialty: Psychology, Social Work

Clinical Specialty: Adoption Counseling, Appointments-Evening, Appointments-Weekend, Bipolar Disorder, Borderline Personality Disorder (BPD), Conduct/Disruptive Behavior Therapy, Cultural and Race Related Counseling, Dissociative Disorder (Multiple Personalities), EAP: Assessment /Referral, General Anxiety, General Depression, Panic Disorder, Sexual Orientation (Bisexual/Gay /Lesbian)

Gender: Male | **Languages Spoken:** Spanish

Languages Spoken by Qualified Medical Interpreter: Spanish

License Number: 20938 | **National Provider ID (NPI):** 1326062225

ACCEPTING NEW PATIENTS • EAP PROVIDER

Anthony Zamudio, PHD

7.6 miles

1401 S Grand Ave Los Angeles, CA 90015 | ((21) 3) -741-0801

Specialty: Psychology

Gender: Male

Languages Spoken by Qualified Medical Interpreter:

Group Practice: ProHealth Partners A Medical Group Inc, California Hospital Medical Center

Clinical Affiliations: ProHealth Partners A Medical Group Inc, California Hospital Medical Center

License Number: N/A | **National Provider ID (NPI):** 1912061391

ACCEPTING NEW PATIENTS